

The Malta Foundation for the Wellbeing of Society

Launch of Fact Sheets

- Navigating the Dating World - In-Namur fiz-Zminijiet tal-Lum
- Current Trends in Couples Relationships – Ix-Xejriet Kurrenti fir-Relazzjonijiet tal-Koppja
  - Parenting Today – It-Trobbija tat-Tfal Illum

**F'isem il-Fondazzjoni ta' Malta ghal Gid tas-Socjeta' – The Malta Foundation for the Wellbeing of Society, nilqaghkom ghal dan il-Launch ta' Factsheets.**

**Nibda billi insellem lil Prof Angela Abela, lil Prof Suzanne Piscopo u lil Prof Sue Vella .....**

**Tlett Professuri – Letturi fl-Universita' ta' Malta, Akkademici u Practitioners li m'ghandhomx bzonn wisq introduzzjoni ghaliex maghrufa sew kemm fil-qasam tar-ricerka kif ukoll fl-oqsma ta' l-Akkademja u Prattika u ghal kontribut kontinwu u siewi tagghom b'risq il-gid tas-socjeta' taghna.**

**F'isem il-Fondazzjoni, niringrazzjahom, tax-xoghol kbir li ghamlu u ghadhom jaghmlu, sabiex jgibu 'l quddiem rizultati importanti mir-ricerka diversa tagghom, biex nifhmu u ngharrfu ahjar it-tibdil li qed isehh fis-socjeta' f'pajjizna, biex inqajmu kuxjenza dwar dan it-tibdil, biex nesploraw il-gaps kurrenti, kif ukoll biex dawn il-gaps**

**ikunu jistghu jimtlew bi pjani ta' azzjoni, mizuri u inizjattivi flimkien, halli insahhu r-relazzjonijiet f'pajjizna u t-trobbija ta' uliedna.**

**Insellem ukoll lil partecipanti kollha ta' din it-tnedija importanti, li hija mahsuba ghal stakeholders differenti f'dan is-settur li jolqot mill-qrib il-wellbeing / gid tas-socjeta' ta' dawn il-gzejjer.**

**I will now turn to English for the benefit of our English speaking participants.**

**The presentation of the Factsheets Project is not a project in isolation, but it follows on, from two national research projects which were conducted by the National Centre for Family Research, within the then President's Foundation for the Wellbeing of Society.**

**These projects were entitled:**

- **Sustaining Relationships in Malta, and which were carried out between 2015 and 2018.**
- (i) **The first research project was a quantitative one, carried out with a representative sample of 2,500 respondents. It aimed to understand, the life and relationship satisfaction**

and the factors that influence it, among persons in diverse situations.

- (ii) The second research project was qualitative, and sought to deepen our understanding of a number of important findings from our first research study by looking at the lived experiences and expectations of a wide range of couples. This qualitative research study looked at the contextual forces shaping relationships today, the challenges couples face and the values they hold dear.

Today, The Malta Foundation for the Wellbeing of Society, thanks to the hard work of Prof Abela, Prof Piscopo and Prof Vella, is here to launch three Factsheets on topics emerging from their research.

These topics cover:

- Navigating the Dating World - **In-Namur fiz-Zminijiet tal-Lum**
- Current Trends in Couples Relationships – **Ix-Xejriet Kurrenti fir-Relazzjonijiet tal-Koppja**
- Parenting Today – **It-Trobbija tat-Tfal Illum**

These Factsheets aim, to share the findings of the two previous research studies by the National Centre Family Research more

widely and for the findings from these research studies, to be useful to various professionals and practitioners in the field as well as the general public.

Our Professors will today look at the trends and challenges in each area, the suggested actions and also identify useful resources.

The Foundation is aware that many of you participating today are active in these areas, and close to the people you serve, therefore your feedback and suggestions are most welcome to continue to enrich our work.

I would like to end my introduction by conveying my heartfelt thanks to Professor Abela, Professor Piscopo and Professor Vella for their hard work in providing to the people of these islands, this important next step to their research projects, aiming to sustain healthy relationships.

I would also like to thank Ms Stephanie Zammit, the Secretary of the Board of Administrators of the Foundation for her tireless support to our Professors during their important tasks, together

**with the members of the Foundation's core team, that worked hard to ensure that today's logistics will ensure a smooth running event.**

**Last, but not least, I would like to thank, each and every participant here today, for your potential contributions during the proceedings of this virtual launch.**